

COLORADO MOUNTAIN CLUB DENVER GROUP

Mile High Mountaineer

June 2024

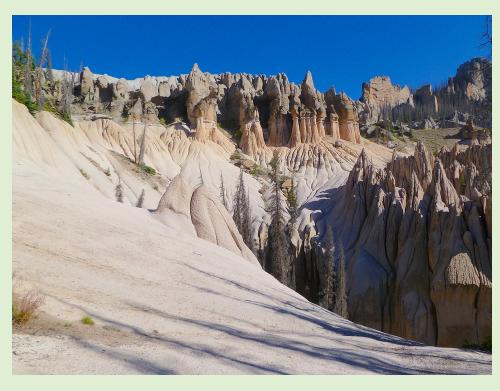


Photo © Sandy Heise

Trail Maintenance Work

The Denver Group Trails & Conservation Committee is sponsoring trail work days on Guanella Pass for:

<u>July 20</u>

<u>July 27</u>

August 10

August 17



Photo courtesy of Steve Bonowski

Work will be done on the popular Squaretop Lakes Trail

with the work site being within 500' of the parking lot. All four trips are currently open for signups. **Click on the date(s) you want** and register on that webpage(s). The Committee provides all tools and work gloves. The leaders can answer any questions.

CMC Seminar on Hiking Safety

Our one-evening seminar is designed to provide a fast, safe hiking start for those new to the CMC, Colorado, or hiking. We cover key items like dealing with wild animals, forest fires, getting lost, mountain weather and lightning, important safety gear and clothing, and the 10 essential items required for most CMC trips.

The cost is just \$10 for members and \$15 for guests. We'll meet at the American Mountaineering Center in Golden on June 26th from 6:30 to 9:00 pm. Register <u>here</u> or call the CMC office at 303-279-9690.



The 10 essentials. Photo by Art Hogling



Backcountry Incident Management School

Although rare within the CMC, backcountry incidents are stressful, confusing, and the wrong activities can potentially compound to make a bad situation even worse. For those who want a means to review, practice, and improve the skills needed to successfully manage the initial aspects of an unforeseen

incident, the CMC offers the Backcountry Incident Management School.

Date: <u>Sept 14</u>. Enroll now. If it's full, sign up for the waitlist; course size may be expanded.
Prerequisites: Succesful completion of a recent Wilderness First Aid (WFA) course
Course tuition: \$30

See Backcountry Incident Management School - Denver. Rich.McAdams@hotmail.com.

"Roster churn" is a problem for CMC activities

Members:

1) Alert! Trip rosters fill fast. If there is a standby list ("waitlist"), please join it. Standby lists usually clear, sometimes at the last moment, so be ready to accept a place on the trip if you still want it or to cancel *immediately* if you no longer want it. Leaders put a lot of effort into planning activities. Last-minute cancellations and no-shows are very discouraging for the leader and also may prevent another member from joining that trip. We realize that "things happen," however, please sign up for a trip **only if you fully intend to participate.** If you're not committed, don't deny someone else the opportunity.

2) Another way to help with this issue is to become a trip leader yourself or recruit others to become leaders. You'll get extra training *and* get to pick where YOU want to hike. Yes, it's more work, but select a group or section that you want to lead for and it becomes a fun exercise to choose and visit places together. If you enjoy Club activities, becoming a leader is an enjoyable and meaningful way to give back to the CMC. Go <u>here to apply</u> and <u>here for general resources</u>.

Leaders:

Here are some ideas for saving time managing rosters with waitlists. Continued...

Help repair the Arestua Hut!

Our comrades in the CMC Boulder Group are asking for donations to help repair one of their historic backcountry huts, the Arestua Hut, formerly known as the Guinn Mountain Hut. (They also own the Brainard Cabin; both are in the Arapaho-Roosevelt National Forest.)

Last fall, volunteers discovered that a bear had wreaked havoc on the exterior of the hut while trying to get inside.



Photo courtesy of Boulder Group

Please consider donating <u>here</u>. Any amount helps.

All CMC members are eligible to use the hut for a small fee. Details are <u>here</u>.

Trip leaders who would like to lead trips to the Arestua Hut and/or Brainard Cabin should contact the volunteer Hutmeister, David Miller, at dcm@colorado.edu. If you'd like to donate your time and construction skills for the repairs, contact David as well.

Colorado Mountain Club Foundation 2024 Awards

By Robin Starr

The Colorado Mountain Club Foundation (CMCF) is pleased to announce their 2024 fellowship and grant awards. The CMCF's mission is to raise, manage, and distribute funds to support the stewardship, conservation, education, and other programs of the CMC and similar organizations. Each year, the Foundation solicits applications from undergraduate and graduate students whose research is focused on the Rocky Mountain region and is consistent with the CMC mission.

This year CMCF received 23 applications and presented 11 awards. The top four outstanding applicants were awarded a named fellowship: other worthy applicants received grants of \$500 to \$1000. <u>Continued...</u>

Fuel your next adventure and support the CMC!

Coffee for the Cause aims to promote ethically-sourced and delicious coffee while supporting your favorite non-profit! <u>Find out more</u>.





Image courtesy of cmc.org

Upcoming Trips, Courses, and Events

Check out the CMC Calendar to find your next outdoor fun!

Schools and Course offerings

New & Prospective Member Night

Become a Trip Leader!

Stay active, explore more places, and make new friends.

Denver Group Contacts

COUNCIL

Denver Group Council Meets Monthly, 2nd Tuesday (usually)

COMMITTEES

Leadership Committee

Schools Committee

Conservation & Trails Committee

Member Initiatives Committee

SECTIONS

Ascending Hikes

Backpacking

Bobcats

Fly Fishing

Over the Hill Gang (RMOTHG)

Photography

Call for Submissions

Have an item you'd like included in a future Mile High Mountaineer newsletter?

The next deadline is the first Sunday of the month. Guidelines:

- Articles should be 200 words or less, OR submitted as a PDF
- MHM editor reserves the right to determine what's included in the newsletter and edit submissions for clarity and length
- · Photo submissions are welcome, but please include a photo credit and caption
- Submissions must be relevant to the Denver Group of the CMC and/or its members; paid advertisements are not accepted.

Please send submissions to: <u>cmcdgnewsletter@gmail.com</u>.

Questions, comments, or submissions? E-mail cmcdgnewsletter@gmail.com.

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